

## A WONDERFUL HEALING INFLUENCE IN KIDNEY TROUBLES.

A year and a half ago I was taken with a severe attack of kidney trouble that pained me to such an extent that morphine had to be given me. Was attended by a doctor who pronounced it as Stone in the Bladder and prescribed Lithia Water. I took Lithia Water and Tablets for some time and received no relief from them. I stopped taking medicines for some time, later having some Swamp-Root in the house I decided to try it and felt much relieved. While taking the second bottle commenced to pass Gravel until I had passed in all at least a half dozen or more and have not suffered the slightest since—and in all have taken one bottle and a half and feel very grateful to Swamp Root.

Yours very truly,  
H. W. SPINKS,  
Camp Hill, Ala.  
Personally appeared before me this 16th day of August, 1909, H. W. Spinks, who subscribed the above statement and made oath that the same is true in substance and in fact.

A. B. LEE,  
Ex. of Justice of Peace.  
Letter to  
Dr. Kilmer & Co.,  
Binghamton, N. Y.

Prove What Swamp-Root Will do For You.

Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention the Hendersonville Weekly Western Carolina Democrat. Regular fifty-cent and one-dollar size bottles for sale at all drug stores.—adv. 5-6-4tc

## "TIZ" FOR SORE, TIRED FEET—AH!

"TIZ" is grand for aching, swollen, sweaty, calloused feet or corns.



"Pull, Johnny, Pull!"  
Ah! what relief. No more tired feet; no more burning feet; no more swollen, bad smelling, sweaty feet. No more soreness in corns, callouses, bunions. No matter what ails your feet or what under the sun you've tried without getting relief, just use "TIZ." "TIZ" is the only remedy that draws out all the poisonous exudations which puff up the feet. "TIZ" cures your foot trouble so you'll never limp or draw up your face in pain. Your shoes won't seem tight and your feet will never, never hurt or get sore and swollen. Think of it, no more foot misery, no more agony from corns, callouses or bunions. Get a 25 cent box at any drug store or department store and get instant relief. Wear smaller shoes. Just, once try "TIZ." Get a whole year's foot comfort for only 25 cents. Think of it.

## WINSTON-SALEM MAN SAVED FROM DEATH

J. E. Erwin Says Wonderful Remedy Brought Him Astonishing Relief.

J. E. Erwin of Winston-Salem, N. C., was for a long time the victim of serious disorders of the stomach. He tried all kinds of treatment and had many doctors.

One day he took a dose of Mayr's Wonderful Remedy and was astonished at the results. The help he sought had come. He wrote:

"I am satisfied through personal use of the life-saving powers of your Wonderful Remedy. You have saved my life. I could have lived but a few weeks more had it not been for your remedy. I am inclosing a list of friends sufferers who ought to have some of your remedy."

Mayr's Wonderful Remedy gives permanent results for stomach, liver and intestinal ailments. Eat as much and whatever you like. No more distress after eating, pressure of gas in the stomach and around the heart. Get one bottle of your drugstore now and try it on an absolute guarantee—if not satisfactory money will be returned.

MT. MITCHELL BY RAIL.

Black Mountain, May 9.—Railroad service to the top of Mt. Mitchell, the highest point east of the Rocky mountains, will be inaugurated by Perley and Crockett, over their logging railroad, beginning Tuesday. The railroad will carry passengers to Mitchell ridge, about three quarters of a mile from the top of the peak, and a good trail leads from the road to the peak.

This action on the part of Perley and Crockett throws open another historic point in Western North Carolina to the tourist, making easy accessible to peak that heretofore has been reached only by hard climbing or riding a mule or horse from Black Mountain or some nearby point. The ability to make the trip in one day will doubtless attract hundreds of tourists who will wish to take advantage of the chance to visit the highest point east of the Rockies.

## COUNTY COMMENCEMENT.

(Continued from 1st Page.)

represented in the parade, which was about three-quarters of a mile long, with the children marching two abreast. The parade formed in front of the court house and proceeded to the foot of North Main street, doubling back and marching to the speaker's stand in front of the court house. The parade was led by the Hendersonville brass band, followed by J. C. Sales and J. W. Morgan of the county school board and A. F. P. King, of the city school board. Following these were the children of the Hendersonville school, beginning with the first grade, and continuing to the graduating class. The prize offered by Prof. Cale to the grade making the best appearance was won by 1 B grade. The teachers accompanied their pupils and in many of the rural school groups, school committeemen marched with the pupils. The ten dollar prize offered to the school having the largest per cent of its district census in the parade was won by Piney Grove school of which T. M. Johnston was teacher.

The parade was a most pleasing and inspiring spectacle with the children carrying pennants and banners representing their schools. The street crossings were patrolled by the coast artillery corp to prevent the line of march being broken by vehicles. The sidewalks were lined with hundreds of people who reviewed the parade of the largest number of children ever seen at one time on the streets of Hendersonville.

### The Prize Winners.

Valuable prizes and medals were offered in a number of contests. In the declamation and recitation contest held at the court house Friday night in which contestants from high schools participated, Alice Pace won the medal for the best recitation, her subject being "Simon's Wife's Murder." The declamation medal was won by Gaither Briggs on "Unpolished Gems." Other contestants, all of whom acquitted themselves creditably, were: Lee Brittain of Mills River, Norma Spence of Balfour, Lucile Belk of Rugby, Bertha Justice of Flat Rock and Ruth Corpening of Mills River. The winners were from the Hendersonville high school.

The exercises were opened with prayer by Prof. N. L. Ponder. Prof. W. S. Shille presided. The court house was crowded with people. Supt. Cale presented diplomas to Miss Virginia Whitfield, Miss Jessie Brooks, Karl B. Glenn and Herbert C. Keck, Miss Whitfield and Miss Brooks graduating with first and second honors, respectively. Certificates were given to Miss Lucy Dermid, Miss Hester Henderson and Mr. Earle Hallman, who had finished the course in the commercial department.

Prof. Ponder presented certificates to those finishing the seventh grade at Mills River high school.

### The Afternoon Exercises.

There were several contestants participating in the exercises of the afternoon for the recitation and declamation medals. The medals to the successful contestants of the fifth and sixth grades, any age, were won by Everett Dixon of Balfour and Lila Fisher of East Flat Rock, there being eight contestants.

In the seventh grade, 12 years or under there were five contestants, the declamation and recitation medals being won by Joseph Oscar Bell of Tuxedo and Dolly Posey of Hendersonville.

In the seventh grade, any age, the declamation and recitation medals were won by Beaufort Bell of Saluda and Ella Orr of Tuxedo, there being eight contestants.

There were four essays written about the natural resources of Henderson county, the medal being won by Elsie Whitesides of Mills River. The other contestants were Grace Drake of Mills River, Eleanor Louise Duncan of Hendersonville and Nellie Slattery of Flat Rock. The Democrat, if it is able to secure copies of these interesting essays, which have been promised, will publish them at an early date. The Democrat would welcome these essays by return mail.

### Rev. Mr. Jenkins Speaks.

The commencement address was delivered by Rev. Millard A. Jenkins of Asheville. He was introduced to the audience just after the school parade was over by Mr. Sales, who said that he did not know that there were so many children in Henderson county, but he assured them "we will not fail you," speaking in the capacity of the chairman of the county school board. In a few well chosen words he introduced Rev. Mr. Jenkins, who delighted a large audience in front of the court house on "Dream or Man's Ideals." The address was declared to be one of the strongest and most interesting ever heard in Hendersonville. The speaker told in a most interesting way of what the dreamers or the men with high ideals had accomplished and pointed his hearers to the importance of high ideals, strong character and religious living.

### The Athletics Were Spirited.

The athletic part of the commencement program was one of the most interesting features of the day. The athletic field at Laurel park had been put in good condition and a large number were on the ground to witness the spirited contests.

### The Prize Winners.

There were several contestants, the prize winners and the schools they represented being as follows:  
100 Yard Dash—Guy Allison, Mills River.  
Stand Broad Jump—Mr. McKinna, Hendersonville.

Half Mile Race—L. Moore, Mt. View.  
Running High Jump—Guy Allison, Mills River.  
220 Yard Dash—L. Moore, Mt. View.  
Running Broad Jump—L. Moore, Mt. View.  
440 Yard Run—Guy Allison, Mills River.  
Pole Vault—Mr. Bly, Hendersonville.  
Relay Race—Mills River.  
Mills River academy won the highest number of points.

Guy Allison won the highest number of points for an individual, his number being 21, L. Moore being his second with 18 points to his credit.

The number of points by schools follows, 72 being the possible number: Mills River 25, Mountain View 21, Hendersonville 19, Fletcher 4, Pleasant Hill 3.

The athletic features were considered a big success, since they were highly interesting, and the program was carried out without any material discord.

The Hendersonville school won the prize for the best "rooting."

### The Commencement Sermon.

To a congregation that filled the First Baptist church building Sunday morning, Pastor K. W. Cawthon delivered the Hendersonville high school commencement sermon on "A Time to Work."

The graduating class and the tenth grade pupils, accompanied by the teachers of the school marched into the place of worship in a body and listened attentively to a sermon to the graduates but one of interest and wholesome advice to the whole congregation.

Mr. Cawthon said that it was his opinion that the holy spirit is busy in the world inclining the minds of people as to what they should take up as a life's work and is directing them to a work of God. He declared that the opportunities are great, that the field of labor is one of varied vocations and that in selecting and following their calling the people should take God with them in their work.

The Hendersonville school closed its year's work on Friday.

### MILLS RIVER RIPPLES.

Local Athlete Injured at County Commencement; About Twenty Wagon Loads From Mills River; Much Enthusiasm.

Mr. Clarence Goode was hurt very much last Thursday while practicing vaulting for the county athletic contest. He had made a record vault and was trying to go higher than was necessary to win over any school in the county when the vaulting pole broke about the middle causing him to fall about nine feet. His right arm was sprained near the elbow to such an extent that he will not be able to do work for a while. Mr. Goode was expected to be the champion contestant in the county athletic contest.

Much enthusiasm was shown by the Mills River people in the county commencement. About twenty wagons carried the patrons and children to the exercises at Hendersonville. It is hoped that the athletic spirit produced Friday will cause a closer attachment on the part of all to the school. The boys were happily surprised to know they were able to win in the athletic contest since they were not expecting to do so as one of the team was crippled and had to drop out.

Mr. Singleton Drake and family were visiting Mr. W. J. Drake last week. Mr. Singleton Drake is having some repair work done on his cottage.

The high school and local school committeemen with the Ladies Betterment association and others met Saturday to arrange about teachers and other work for the next school year.

Mr. N. L. Ponder and family are away this week visiting relatives in Madison county.

Rev. Mr. Corbett preached at the regular services at the Presbyterian church in place of Rev. Riviere. Mr. Riviere has arranged to stay in the community and is boarding with Mr. T. J. Nichols.

### PAGE WILL NOT BE CANDIDATE.

Washington, D. C., May 13.—Congressman Robert Newton Page, of the Seventh North Carolina district, has definitely decided not to become a candidate for the governorship to succeed Governor Locke Craig. He made known his determination today in a letter to a friend. In the state, and thus puts an end to the gossip and speculation which has been rife coupling him up in a race with Attorney General Bickett and Lieutenant Governor Daughtridge.

He gives as his reasons the fact that he will be busy in Washington with his congressional duties during the time it would be necessary for him to make the campaign, and that he will be of more value to his constituents in his present position.

### NEXT BAPTIST CONVENTION TO MEET IN ASHEVILLE.

Houston, Texas, May 13.—The adoption of the report of the efficiency commission, which recommended no consolidation of the home mission board, the foreign mission board, and the Sunday school board, and the selection of Asheville, N. C., as the next convention place were the most important matters transacted at the second day's session today of the Southern Baptist convention here. The convention will open in Asheville, May 10, 1916.

### NOT TARDY IN NINE YEARS.

Newton, May 11.—In making up the records of graded school students for the year it is found that Miss Mary Gaither, daughter of W. B. Gaither, who graduated, received not a single tardy mark during her nine-years-attendance in the graded school.

The Democrat publishes on an average three times more county news than any other newspaper, but it costs no more.

## FASHIONS FORM OF SERVICE. TUDE SAYS SUFFRAGE CLUB.

Spartanburg, S. C., May 11.—The Equal Suffrage Club of Spartanburg at a meeting today adopted resolutions declaring the close following of fashions in women's dress to be a "form of servitude" and that the whole matter of style and its fluctuations is merely a money-making scheme regulated mainly by men. The entire meeting was devoted to the topic of women dress. The following are the resolutions:

"Whereas, the Equal Suffrage Club stands for the emancipation of women; and whereas, we realize the close following of fashion is a form of servitude and that the whole matter of style and its fluctuations is merely a money-making scheme regulated by men; whereas we know that the extremes of fashion and fads are usually an expression of vulgar taste, by which our young people are being demoralized without realizing its true significance; therefore be it resolved: "That we, as a body stand for good health, good sense and conservatism in dress; and that we make known our position to the merchants and the modistes of the city that we do all in our power to create a public sentiment of this kind in Spartanburg, especially in the matter of conventional street dress, and that we endeavor to influence our young people in this matter; that a copy of these resolutions be sent to every suffrage club in the State."

### GOOD FARMING HELPS TO CHECK INSECT DAMAGE.

Most often the farmer who complains loudest of the ravages of insect pests is the farmer who does the poorest work. Stumps, thickets, foul terraces and turn rows, all these are the mark of the careless farmer, and they also furnish winter quarters for many crop enemies. On the other hand, the farmer with the broad, open fields, clean cultivated terraces, and turn rows that are making crops instead of weeds and briars, usually has little to fear from bugs and worms, largely because he hasn't given them a chance to hibernate and breed.

Another means by which the good farmer aids in holding insect enemies in check is by the use of well planned crop rotations. As a general rule, it is safe to say that the longer a particular crop is grown upon a particular field the more serious become the losses from insects attacking the crop in question. Now crop rotation, intelligently handled, usually means soil building and this, in turn, is the surest mark of the farmer who is "getting on"; so we are afforded another instance of how good farming and insect control go together.

Still another means by which pests are held in check is by planting crops resistant or immune to their ravages. As a rule the careless, indifferent farmer doesn't know that such crops are in existence but the wide-awake, progressive man is constantly on the lookout for them and uses them whenever they will help him in getting better crops.

We don't mean to imply that all insects and diseases affecting our crops can be held in check by such methods as those outlined, for in many cases direct remedies, such as spraying and handpicking, must be used as well. But even so, we usually find that the man who is most careful to get out the stumps, clean up the thicket and fence rows, and who abhors patches and briars where crops ought to be growing, is usually the man who has the well kept, well sprayed orchard, and who tackles the bugs of garden and field before they have a chance to get in their deadly work.

Thus it is that the character of the work of the really good farmer sticks out all over his farm, whether it be in keeping lice off his hogs, boll weevils off his cotton, or San Jose scale off his peach trees.—Progressive Farmer.

### AFTER-EFFECTS OF TYPHOID.

We know the number of deaths from typhoid fever, during the acute stage of the disease, the number of persons incapacitated as a result of typhoid, and the financial loss to the community. But the after-effects on those who have survived have not been considered. A study of 1,574 cases of typhoid fever in 1911 in the visiting nurse service of the Metropolitan Life Insurance Company shows that one hundred and forty-six of the patients died while under the treatment, a death rate of 9.28 per hundred. The principal complications in the fatal cases were intestinal perforation and hemorrhage meningitis, pneumonia and heart involvement. Of the 1,528 who recovered from the immediate results of the disease, the death rate during the first three years was 54, or nearly twice the normal death rate of 26 for a similar group of persons who had not had typhoid. This increased rate was the first year following recovery, less during the second year, and still less the third.

As a cause of death among the fifty-four patients who died within the three years following recovery, tuberculosis heads the list (39 per cent.), with diseases of the heart following (14.3 per cent.). In the United States each year, 8,000 deaths occur among persons who have recovered from an attack of typhoid fever but who, as a result of impaired vitality from the disease, succumb during the first or second year after recovery.

Similar studies should be made of the after-effects of other diseases. We know, for example, says The Journal of the American Medical Association, in a somewhat general way that measles and whooping cough, as well as other diseases, are not infrequently followed by tuberculosis; but we have not had an accurate comparison of actual to the expected mortality, and it is of importance that we should have such comparisons.

The Democrat stands for progress.

## BEAR WALLOW WELTERS.

There's quite a lot of singing going on here now. Every body is getting ready for the fifth Sunday's convention.

The farmers of this section are rather busy too, they are taking advantage of these pretty days. Capt. H. F. Stanley, of Raleigh, spent Saturday night and Sunday in this section. We are all glad to have Capt. Stanley as he spent several months here as steward and captain of the State camp.

Misses Martha and Nannie Freeman of Bessemer City, are spending a few weeks with relatives and friends of this place.

Mr. J. G. Oates and Mr. Charlie Creamson of Asheville, came out Sunday on a motorcycle, returning Sunday afternoon.

Master James Oates of Biltmore, is spending a few weeks with relatives of this place.

Mr. and Mrs. Guy Pryor of Liberty, spent a few weeks with their parents, Mr. and Mrs. W. F. Pryor.

### THE KNOCKER'S CREED.

I believe that nothing is right. I believe that everything is wrong. I believe that I alone have the right idea. The town is wrong, the editor is wrong, the teachers are wrong, the people are wrong, the things they are doing are wrong and they are doing them in the wrong way anyhow. I believe I could fix things if they would let me. If they don't I will get a lot of other fellows like myself and we will have a law passed to make others do things the way we want them done. "I do not believe that the town ought to grow. It is too big now. I believe in fighting every public improvement and in spoiling everybody's pleasure. I am always to the front in opposing things and never yet have I advanced or supported a movement that would make people happier or add to the pleasure of man, woman or child. I am opposed to fun and am happiest at a funeral. I believe in starting reforms that will take all the joy out of life. It's a sad world and I am glad of it. Amen.—Exchange.

### RAISE THINGS.

A reader who approves of these little articles says that we should go a step farther and urge farmers to raise everything they use, so they will not have to buy so many things. We do not feel that this is sound advice. Farmers should raise the things to which their farms, their markets and themselves are adapted. They would better study how to raise the most and best of these things than to scatter their energies over a great variety of products merely to keep from buying them. The men who follow the right policy usually have cash enough to get what they need from other farmers who can produce it cheapest. There was a time when farmers were compelled to grow or make about everything they needed, but that day has long gone by. It is good business to raise things—but the right things. The scatteration plan involves neglect of some of these things without a corresponding gain in raising others.—National Stockman and Farmer.

### GIRLS LOOK OUT FOR MOTHER.

Times Have Changed Since the Parent Protected the Daughter.

Times have indeed changed. With what care the old fashioned mother protected the guileless simplicity of her daughter against contact with everything dreadful or improper. Nowadays the new fashioned daughter has the old fashioned mother in hand. From some club notes in an esteemed contemporary we snip this:

Miss Lucille Erskine says the "truth about Poe" is not shocking at all and that she will handle the subject from the standpoint of Doctor Harrison of Virginia, "this only sympathetic biographer." The "Truth About Poe" will be given at the Town club by Miss Erskine and will be a perfectly lady-like summary of the poet's life to which any member may take her mother with perfect impunity.

Yet we commend the rule to all advanced young women who have mothers to rear—not only set a good example to mother, but keep away from all places where she may not be taken with impunity. We allude particularly to art gatherings, salons, tearooms and various cozy corners of Bohemia where sophistication, cigarettes and even cocktails are little handmaidens of culture. A similar wholesome principle pursued by young men should likewise be good for father in his impressionable years.—St. Louis Post-Dispatch.

### GOLD IMPORTS FOR MARCH.

According to the Department of Commerce gold imports during March aggregated \$25,620,467 against \$7,842,249 in March, 1914, and \$4,380,993 in March, 1913. Golds exports during March amounted to \$323,891 against \$2,632,049 in March, 1914, and \$18,076,584 in March, 1913. The outward flow of gold was checked in December last, and the first three months of the current year show a net inward movement amounting to \$42,574,078.

Other figures just made public by the Department show that March, 1915, imports totaled \$158,040,216 against \$182,555,304 in March, 1914. March exports were \$299,009,563 against \$187,499,234 in March, 1914. The excess of exports over imports during March was \$140,969,347 as against \$4,943,930 in March, 1914; and for the nine months ending with March last the excess of exports was \$719,803,737 compared with \$484,869,327 in the corresponding months of the preceding fiscal year.

The Democrat stands for progress.

## I have listed Several Desirable Boarding Houses For Rent AT ONCE

F. S. WETMUR  
Phone 81-J

No. 10,734  
TREASURY DEPARTMENT.

Office of  
Comptroller of the Currency.  
Washington, D. C. May 4, 1915.

Whereas by satisfactory evidence presented to the undersigned it has been made to appear that the Citizens National Bank of Hendersonville in the city of Hendersonville in the county of Henderson and state of North Carolina has complied with all the provisions of the statutes of the United States required to be complied with before an association shall be authorized to commence the business of banking; now therefore, I, John Skelton Williams, Comptroller of the Currency, do hereby certify that the Citizens National Bank of Hendersonville, in the county of Henderson, State of North Carolina is authorized as provided in section fifty one hundred and sixty nine of the revised statutes of the United States.

In testimony whereof witness my hand and seal of office, this 4th day of May, 1915.

JOHN SKELTON WILLIAMS,  
Comptroller of the Currency.  
Seal of the  
Comptroller of the Currency.  
July 15-15.

### STOCKHOLDERS MEETING OF CITIZENS BANK.

To the Stockholders of The Citizens Bank:

You will please take notice that there will be a stockholders' meeting of the Citizens Bank at the offices of the bank at 3 o'clock P. M., of Saturday the 12th day of June 1915, to act upon the resolution adopted by the Directors on May 8th, 1915, to dissolve the corporation heretofore known as The Citizens Bank, of Hendersonville, the business of said bank, having been consolidated with the Peoples National Bank under a charter from the Federal government to The Citizens National Bank, of Hendersonville. Stockholders will please be present in person or by proxy.

This May 8th, 1915.

E. W. EWANK,  
President.

### SALE OF SCHOOL PROPERTY.

I will sell the following public school property at the place and date mentioned below:

Liberty School House, (at said school house) on Monday June 7th at 11 a. m. Ready Patch School House, (at Ready Patch school house) June 7th at 2 p. m. Dewitt School House and benches, (at Dewitt school house) June 7th at 4 p. m. All parties interested in said property will meet me at the time and place above mentioned. These will be cash sales.

W. S. SHITTLE,  
Secretary Board of Education.  
Hendersonville, N. C., May 4, 1915.  
5-6-3tc

Advertise it in the Democrat if you want to sell or swap it.

"All things come to him who waits" belongs to the leisurely past.

No good live American would father the phrase now.

Present day successful ones get a strangle hold on what they want, and hang on.

All things come to him who uses printer's ink and goes after what he wants.